

HeySmile

Part of **PLANMECA** GROUP

HeySmile Level 2 Course Agenda

Next Steps - Sequencing Movements and Applying Auxiliaries
21 & 22 November 2025



Course Overview

Next Steps - Sequencing Movements and Applying Auxiliaries in Clear Aligner Therapy is an intensive, 14-hour professional development course held over two days, targeting dental professionals with foundational clear aligner training and clinical experience.

The course focuses on advanced sequencing of tooth movements and the integration of auxiliary devices within clear aligner therapy to address more challenging cases. The curriculum builds upon basic clear aligner principles, emphasizing advanced treatment planning and execution.

The **first day** covers sequencing tooth movements, highlighting biomechanical considerations for efficient and predictable orthodontic outcomes, considering various malocclusion scenarios. The **second day** concentrates on auxiliary devices like thermopliers and elastics, teaching participants to incorporate these into comprehensive treatment plans for enhanced predictability. The course will conclude with the review and discussion of cases brought in by the participants.

Participants will conclude the course with a deeper understanding of clear aligner therapy's advanced aspects, equipped to manage a broader spectrum of orthodontic cases with improved clinical outcomes.



The price for this course is

1.200€*

- Course with international lecturer.
 - Dinner and sauna at Planmeca Group Harbo Lounge
 - Hands-on session
- * VAT not included. Please request payment details to your local service provider.**

Agenda

November, Friday 21

- 08:00  Transportation to Planmeca from meeting point *
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- 08:45  Welcome coffee and breakfast
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- 09:00  Course starts
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- 12:00  Lunch break and small tour in Planmeca Showroom
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- 17:30  Course ends
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- 17:45  Transportation to Planmeca Group Harbo Lounge for dinner and sauna experience **
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- 21:30  Transportation back to the city center

* Please, confirm if you want to book your transportation to Planmeca when registering for the Level II. Meeting point will be at bus stop in Mannerheiminaukio 1 (next to Kiasma Art Museum).

** Please, confirm you would like to join the group for an evening at the Planmeca Group Harbo Lounge with dinner and sauna



Agenda

November, Saturday 22

- 08:00  Transportation to Planmeca from meeting point *
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- 08:45  Welcome coffee and breakfast
-
- 09:00  Course starts
-
- 12:00  Lunch break
-
- 17:00  Course ends
-
- 17:15  Transportation back to the city center

* Please, confirm if you want to book your transportation to Planmeca when registering for the Level II. Meeting point will be at bus stop in Mannerheiminaukio 1 (next to Kiasma Art Museum).



About the Lecturer



Dr. Peri Colino Gallardo

Academic Director of the Master's Degree in Clinical Orthodontics and Dentofacial Orthopaedics

Dr. Peri Colino specializes in orthodontics, dentofacial orthopedics, and biomedicine. He is the head of the Master in Orthodontic and Dentofacial Orthopedic Program at Universidad Católica San Antonio de Murcia (MSD, Málaga) and an associate professor at Universidad Europea Miguel de Cervantes.

He obtained his Ph.D. from the University of Extremadura with summa cum laude distinction and his MSD in Orthodontic and Dentofacial Orthopedics from the University of Alcalá de Henares with Extraordinary Award; and is the author of three orthodontic textbooks and an active member of the Sociedad Española de Ortodoncia (SEDO) and the European Orthodontic Society (EOS).

In 2023, he has delivered 30 lectures in 11 different countries and is the author of three orthodontics books.

Request support from your local service provider or contact us at
sales@heysmile.com.

FAQ & TIPS

- **Is the flight included in the price of the course?** No. You have to take care of your flight tickets.
- **Is airport transportation included?** No. But, you can easily take a Taxi or an Uber.
- **Is the hotel included in the price of the course?** No. You have to take care your own accommodation arrangements during the course.
- **Where will the course take place?** Course will be held in the *Nide* Lecture Room, at the Planmeca Group Headquarters in Helsinki. The transport is optional from the meeting point and it is included in the price.
- **The weather in November** is cold and damp, often snowy in Finland. We suggest to wear thermal clothing, a thick coat, and water-proof shoes.



Planmeca Headquarters. Asentajankatu 6, 00880 Helsinki, Finland

Planmeca Group Harbo Lounge. Naissaarenraitti 7, 00980 Helsinki, Finland

The best accommodations



Noli Herttoniemi

Työnjohtajankatu 11
00880 Helsinki
+358201441055
www.nolistudios.com



Solo Sokos Hotel Tornii

Yrjönkatu 26
00100 Helsinki
+358201234604
www.sokoshotels.fi



Scandic Helsinki HUB

Annankatu 18
00120 Helsinki
+358300870680
www.scandichotels.com



Orginal Sokos Hotel Presidentti

Eteläinen Rautatiekatu 4
00100 Helsinki
+358201234608
www.sokoshotels.fi

Our recommendations for your stay



Culture & Museums

- **Ateneum Art Museum.** Finnish art classics.
 - **Amos Rex.** Immersive exhibitions in a futuristic space.
 - **Kiasma.** Contemporary art museum with bold and timely themes.
 - **Oodi Central Library.** Modern architecture, rooftop terrace.
 - **Helsinki Music Centre.** Check for evening concerts or rehearsals.
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Shopping & Design

- **Design District.** Unique boutiques, art, and Finnish design pieces.
 - **Marimekko & Iittala stores.** Iconic Finnish fashion and glassware.
 - **Stockmann Department Store.** Landmark for gifts and quality brands.
 - **Hakaniemi Market Hall.** Traditional market with local products.
 - **Old Market Hall (Vanha Kauppahalli).** Iconic market hall.
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Beautiful Views & Scenic Spots

- **Esplanadi Park.** Lights and live energy, especially with early Christmas decorations.
 - **Kaivopuisto Seaside Walk.** Peaceful and atmospheric.
 - **Cafe Ursula.** Seaside café with great views and warm drinks.
 - **Observatory Hill (Tähtitorninmäki).** City panorama and local vibe.
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Other Unique Helsinki Experiences

- **Löyly Sauna.** Modern design sauna by the sea.
- **Allas Sea Pool.** Outdoor pools & sauna in the harbor, great view of the Cathedral.
- **Suomenlinna Sea Fortress.** Good for a short visit of ferry.
- **Kallio District.** Edgy bars, vintage stores, local flavor.